

Chapter 2

Family Values Quiz

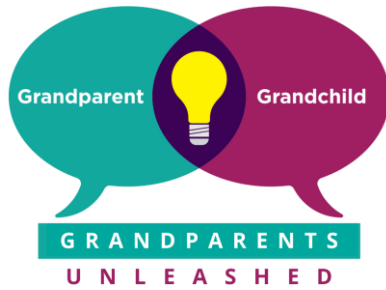
p. 83 in *Where Two Worlds Meet: A Guide to Connected with Your Teenage Grandchildren*

JERRY WITKOVSKY & DEANNA SHOSS

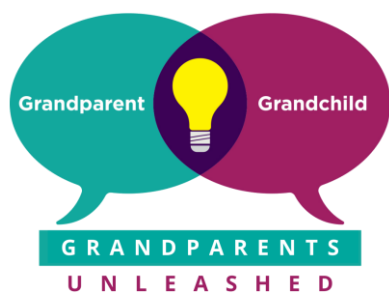
Rate the importance of each value to you on a scale of one to five. And, if so inspired, suggest a potential activity that your family could do together that captured the essence of the value. Use this quiz as a starting point and use the empty cells at the end to fill in values important to you and your family.

Sample Family Values Quiz

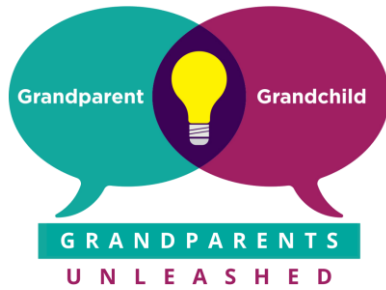
Value Description	Importance					Potential Activity
	Not at All			Extremely		
	1	2	3	4	5	
Adventure (new experiences, challenges, excitement)	1	2	3	4	5	<ul style="list-style-type: none"> • Travel as a family. • Start a family adventure book club.
Contribution and Generosity (desire to make a difference, to give)	1	2	3	4	5	<ul style="list-style-type: none"> • Volunteer together.



<p>Creativity and Artistic Expression (new ideas, innovation, experimenting, drama, painting, literature)</p>	<p>1 2 3 4 5</p>	<ul style="list-style-type: none"> • Family trip to an art museum or the theater. • Go to a concert at a local college.
<p>Economic Security (freedom from financial worries)</p>	<p>1 2 3 4 5</p>	<ul style="list-style-type: none"> • Commitment to financially helping other family members when they need it. (It's a gift, not a loan).
<p>Environmentalism (caring for the earth, nature)</p>	<p>1 2 3 4 5</p>	<ul style="list-style-type: none"> • Participate in an Earth Day event. • Go hiking together.
<p>Equity and Inclusion (embracing diverse cultures, equal chance, equal hearing for all)</p>	<p>1 2 3 4 5</p>	<ul style="list-style-type: none"> • Host international visitors for special dinners. • Learn about another culture together. • Seek out cultural immersion opportunities. • Learn about social issues together. • Host a mock debate.



<p>Friendship (intimacy, care, support)</p>	<p>1 2 3 4 5</p>	<ul style="list-style-type: none"> • Schedule weekly Zoom calls. • Consistently call one another just because. • Create a family group chat.
<p>Inner Harmony (desire to be at peace with oneself)</p>	<p>1 2 3 4 5</p>	<ul style="list-style-type: none"> • Meditate together. • Send a breathing exercise to the family group chat.
<p>Personal Development and Learning (improvement, reaching potential, growth, and knowledge)</p>	<p>1 2 3 4 5</p>	<ul style="list-style-type: none"> • Participate in a Zoom study class. • Read each other's papers (from school). • Take turns teaching something to the rest of the family at Family Meetings.
<p>Spirituality (belief or interest in a higher power or God)</p>	<p>1 2 3 4 5</p>	<ul style="list-style-type: none"> • Pray together. • Go to a place of worship together, or any place that inspires awe (e.g., a botanical garden, the Grand Canyon, etc.) • Celebrate religious holidays together.



Interdependence (ability to ask for help and give help)	1 2 3 4 5	<ul style="list-style-type: none"> • Bring up any needs and challenges at a Family Meeting.
Add Your own here	1 2 3 4 5	
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	1 2 3 4 5	